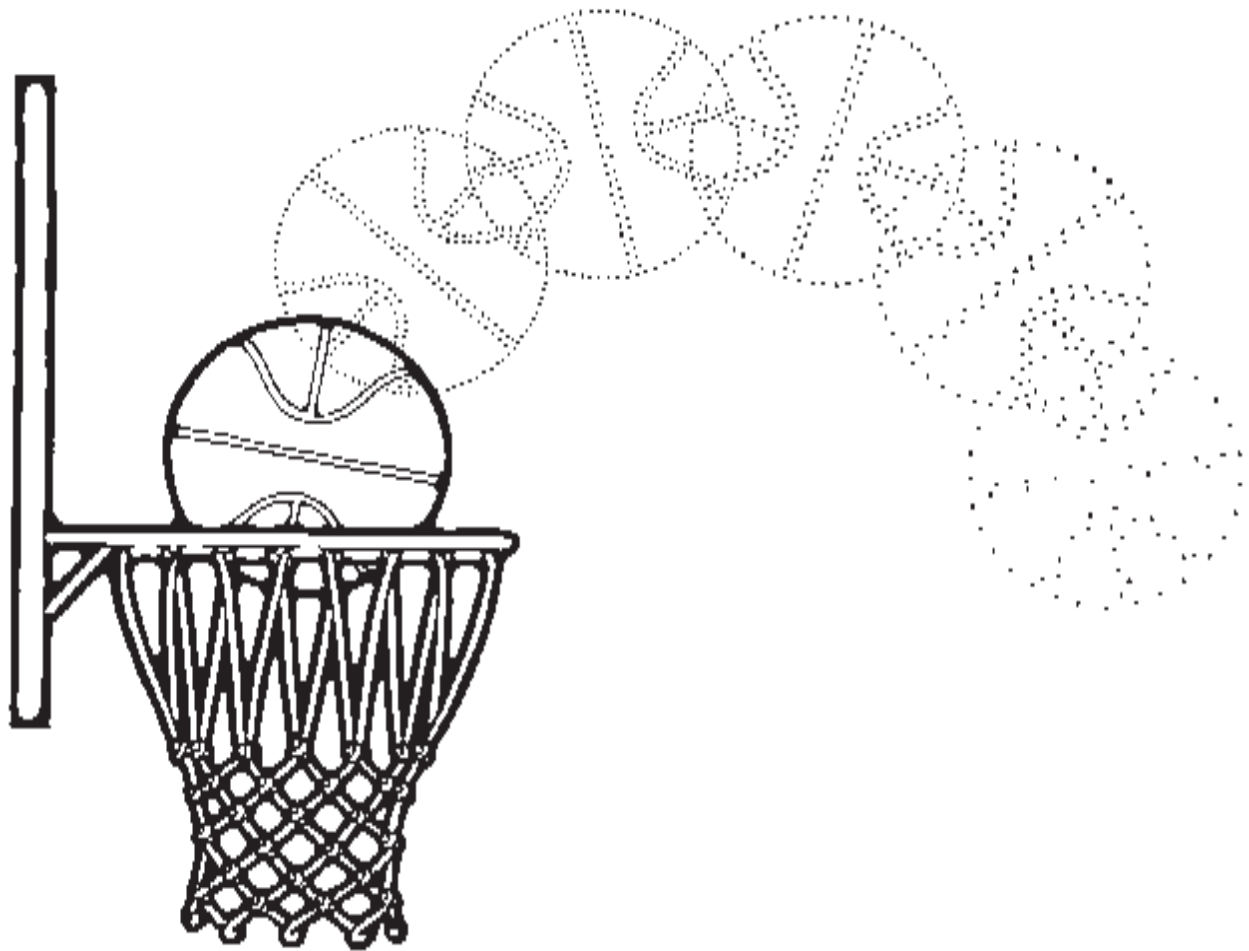


Adult 3-on-3

# BASKETBALL

Summer 2009



**Pleasant Hill  
Recreation & Park District**  
People, Parks & Programs Since 1951  
147 Gregory Lane, Pleasant Hill, CA 94523  
[www.pleasanthillrec.com](http://www.pleasanthillrec.com) 682-0896

# Drop-In Sports

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Pleasant Hill Recreation & Park District Presents:

Adults Only!

## Drop-In Basketball

Saturday 7-9 am  
Sunday 8-10 am  
Monday, Wednesday & Friday 4-6 pm  
Cost: \$5 per person

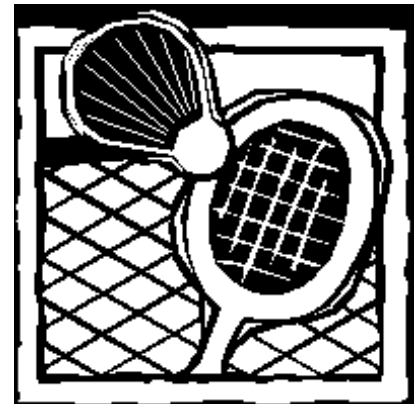


## Drop-In Volleyball

Tuesday & Saturday 7:30-10 pm  
Cost: \$5 per person

## Drop-In Badminton

Sunday 11:00 am-1:00 pm  
Cost: \$5 per person



**B.Y.O.R.**  
Bring your own Racket  
and Birds

Program for Adults, 18 years and older. All Drop-In programs are held at the Pleasant Hill Education Center Gym, located at 1 Santa Barbara Road, Pleasant Hill

For more information call  
(925) 682-0896



**Pleasant Hill  
Recreation & Park District**

People, Parks and Programs Since 1951

DATE: April 20, 2009  
TO: Team Representatives  
FROM: Pleasant Hill Recreation & Park District  
RE: Adult 3-on-3 Basketball League —Summer 2009

The Pleasant Hill Recreation & Park District is announcing its 2009 Summer Adult 3-on-3 Basketball season.

One of the goals of the Pleasant Hill Recreation & Park District is to provide recreational opportunities for people of all ages. The Adult 3-on-3 Basketball League provides the community with an opportunity to participate in an organized sports activity. The leagues are set-up for competitive play but the overall goal is enjoyable participation for all. The District is not offering professional leagues. The main emphasis of the league is the recreational elements including the fun, enjoyment, good sportsmanship, and friendships that are developed.

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**FEES:**

<u>Cost</u>	<u>Registration Begins</u>	<u>Final Deadline All Teams</u>
<b>\$320</b>	<b>April 20, 2009</b>	<b>May 28, 2009</b>

\*There will be no additional fees for non-residents.

**The 2009 Summer Season will begin on July 8.**

A percentage of your league and non-resident fees will be designated for improvements to comply with the American Disability Act.

***NEW - Enclosed are payment coupons for each team representative to use for each season the players on the roster participates.***

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**REGISTRATION:**

Roster packets & fees can be mailed or dropped off at:

**(DO NOT MAIL CASH)**

Adult 3-on-3 Basketball League Registration  
Pleasant Hill Recreation & Park District  
147 Gregory Lane  
Pleasant Hill, CA 94523-3348

*There are no refunds once a team is placed in a league. If league(s) are cancelled money will be refunded.*

Returning teams are those that participated in our **2009 Winter, Spring** seasons with a minimum of 51% of the former team's roster. Teams that do not meet those requirements will be processed as new teams.

Any incomplete player information can result in the entire packet being Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT ON TEAM PLACEMENT.

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**ROSTERS:**

*New – Starting Winter 2009 season, each team can complete one roster per year. The players on a 2009 roster will be valid for the 2009 calendar year. We are not charging additional fees for non-residents.*

*Enclosed are payment coupons for each team representative to use for each season the team plays.*

Each player's information must be complete: name, address, phone number, driver license number and signature. If information is left out or your check bounces, the packet can be declared incomplete.

Roster additions and deletions must be made before 5:00 pm, Monday through Friday, prior to your game. This must be done at the Administrative Office or by mail with the League's "Add/Drop Form" (gym supervisors & scorekeepers do not handle additions or deletions). Roster additions must be made prior to the ninth game. Teams may carry a maximum of ten (10) players on their roster. *Only players on the team roster may participate.*

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**LEAGUE DETAILS:**

All games are held at the Pleasant Hill Education Center Gymnasium at One Santa Barbara Rd.

The leagues are TENTATIVELY scheduled to play on the following nights:

OPEN "A"	– Wednesday	35 years & OVER	– Thursday
OPEN "B"	– Wednesday	Women's	– Wednesday
OPEN "C"	– Wednesday		

**Tentative Game times are: 6:15, 7:00, 7:45, 8:30 & 9:15 p.m.**

NOTE: Teams may play on other nights not designated as above due to gymnasium availability, play-offs, makeup games, and/or size of a particular league.

League fees cover: The specified number of games, basketballs, awards, gym maintenance, gym rental and gym supervisors.

**Space is limited so, please register early!**

3 on 3 BASKETBALL Payment Coupon 2009  
**PLEASANT HILL RECREATION & PARK DISTRICT**

\_\_\_\_ **Winter** (\$320 Due November 20)

Amount Enclosed \$ \_\_\_\_\_ Team Name: \_\_\_\_\_

Team Rep Name (print): \_\_\_\_\_ Phone: \_\_\_\_\_

**Checks Payable to:**  
PHR&PD / Adult Basketball  
147 Gregory Lane, Pleasant Hill, CA 94523

3 on 3 BASKETBALL Payment Coupon 2009  
**PLEASANT HILL RECREATION & PARK DISTRICT**

\_\_\_\_ **Spring** (\$320 Due February 26)

Amount Enclosed \$ \_\_\_\_\_ Team Name: \_\_\_\_\_

Team Rep Name (print): \_\_\_\_\_ Phone: \_\_\_\_\_

**Checks Payable to:**  
PHR&PD / Adult Basketball  
147 Gregory Lane, Pleasant Hill, CA 94523

3 on 3 BASKETBALL Payment Coupon 2009  
**PLEASANT HILL RECREATION & PARK DISTRICT**

\_\_\_\_ **Summer** (\$320 Due May 21)

Amount Enclosed \$ \_\_\_\_\_ Team Name: \_\_\_\_\_

Team Rep Name (print): \_\_\_\_\_ Phone: \_\_\_\_\_

**Checks Payable to:**  
PHR&PD / Adult Basketball  
147 Gregory Lane, Pleasant Hill, CA 94523

3 on 3 BASKETBALL Payment Coupon 2009  
**PLEASANT HILL RECREATION & PARK DISTRICT**

\_\_\_\_ **Fall** (\$320 Due August 20)

Amount Enclosed \$ \_\_\_\_\_ Team Name: \_\_\_\_\_

Team Rep Name (print): \_\_\_\_\_ Phone: \_\_\_\_\_

**Checks Payable to:**  
PHR&PD / Adult Basketball  
147 Gregory Lane, Pleasant Hill, CA 94523

**PLEASANT HILL RECREATION & PARK DISTRICT**  
**2009 3-ON-3 BASKETBALL**  
**ROSTER, AGREEMENT, WAIVER & RELEASE FORM**

MEN'S: A \_\_\_\_\_, B \_\_\_\_\_, C \_\_\_\_\_, 35 & OVER \_\_\_\_\_

Winter\_\_\_\_, Spring\_\_\_\_

Summer\_\_\_\_, Fall\_\_\_\_

Team Name: \_\_\_\_\_ Team Rep: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ e-mail: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Asst. Team Rep: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Other leagues played in-city and level: \_\_\_\_\_

Returning Teams—Previous Team Name & Season: \_\_\_\_\_ —

Please check here if you want your name and phone number given out to prospective players: [  ]

NOTE: Any player information left blank, invalidates that person as a legitimate player on this roster. Please be sure an assistant representative has been specified, including their home and work phone number.

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL.**

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Driver's License:	Birth Date: /	

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Driver's License:	Birth Date: /	



**PLEASANT HILL RECREATION & PARK DISTRICT  
2009 3-ON-3 BASKETBALL  
ROSTER, AGREEMENT, WAIVER & RELEASE FORM**

Team Name: \_\_\_\_\_

Team Rep: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

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**PLEASANT HILL RECREATION & PARK DISTRICT  
2009 3-ON-3 BASKETBALL  
ROSTER, AGREEMENT, WAIVER & RELEASE FORM**

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Phone:	Driver's License:	Birth Date: /	

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