

# Adult 5-on-5 BASKETBALL



Spring 2010



**Pleasant Hill  
Recreation & Park District**  
People, Parks & Programs Since 1951

147 Gregory Lane, Pleasant Hill, CA 94523  
www.pleasanthillrec.com 682-0896

# Drop-In Sports

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Pleasant Hill Recreation & Park District Presents:

Adults Only!

## Drop-In Basketball

Saturday 7-9 am  
Sunday 8-10 am  
Monday, Wednesday & Friday 4-6 pm  
Cost: \$5 per person

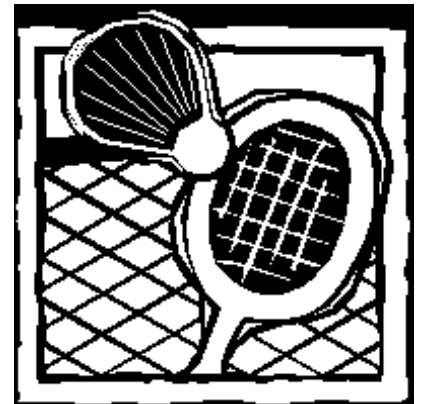


## Drop-In Volleyball

Tuesday & Saturday 7:30-10 pm  
Cost: \$5 per person

## Drop-In Badminton

Sunday 11:00 am-1:00 pm  
Cost: \$5 per person



**B.Y.O.R.**

Bring your own Racket  
and Birds

Program for Adults, 18 years and older. All Drop-In programs are held at the Pleasant Hill Education Center Gym, located at 1 Santa Barbara Road, Pleasant Hill

For more information call  
(925) 682-0896



DATE: January 25, 2010  
 TO: Team Representatives  
 FROM: Pleasant Hill Recreation & Park District  
 RE: Adult 5-on-5 Basketball League – Spring 2010

The Pleasant Hill Recreation & Park District is announcing its **2010 Spring** Adult 5-on-5 Basketball season.

One of the goals of the Pleasant Hill Recreation & Park District is to provide organized recreational opportunities for people of all ages. The leagues are set-up for competitive play but the overall goal is enjoyable participation for all. The District does not offer professional leagues. The main emphasis of the league is the recreational elements including the fun, enjoyment, good sportsmanship, and friendships that are developed.

**FEES:**

	Registration	Registration
Cost	<u>Begins</u>	<u>Closes</u>
<b>\$660 + NR*</b>	<b>January 25, 2010</b>	<b>March 5, 2010</b>

\*NR = Non-Resident. Each player not living in the PH District must pay an additional fee of \$14. A maximum of 3 non-residents are charged per team.

**The 2010 Spring Season will begin in April 7 and run through June.**

A percentage of your league and non-resident fees is designated for improvements to comply with the American Disability Act.

**REGISTRATION:**

Roster packets & fees can be mailed or dropped off at: **(DO NOT MAIL CASH!)**

Attn: Adult 5-on-5 Basketball League  
 Pleasant Hill Recreation & Park District  
 147 Gregory Lane  
 Pleasant Hill, CA 94523-3348

No registration packets will be accepted after **March 5**. *There are no refunds once a team is placed in a league. If league(s) are cancelled money will be refunded.*

Returning teams are those which participated in our **2010 Winter and/or 2009 Spring, 2009 Summer** seasons with a minimum of 51% of the former team's roster. Teams that do not meet those requirements will be processed as new teams.

The District will not contact your team regarding their acceptance into the league unless your team was not accepted or moved to a different league than you registered for.

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### **ROSTERS:**

Each player's information must be complete: players name, address, phone number, driver's license number and signature. If information is left out or your check bounces, the packet can be declared incomplete. Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT ON TEAM PLACEMENT.

Roster additions and deletions must be made before 5:00 pm, Monday through Friday prior to your game at the Administrative Office or by mail with the League's "Add/Drop Form" (gym supervisors & scorekeepers do not handle roster additions or deletions). Faxed roster changes are NOT ACCEPTED. An added player may not use a dropped player's non-resident fee after **April 1**. Roster additions must be made prior to the ninth game being played. Teams may carry a maximum of fourteen (14) players on their roster. **Only players on the roster may participate.**

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### **LEAGUE DETAILS:**

All games are held at Pleasant Hill Education Center at One Santa Barbara Road, PH.

MEN'S "A"– Sunday/Thu

MEN'S "B"– Sunday/Thu

MEN'S "C"– Sunday/Thu

Tentative game times are:

Thursday: 6:15, 7:10, 8:05, 9:00 p.m.

Sunday: 2:00, 3:00, 4:00, 5:00, 6:00, 7:00, 8:00, & 9:00 p.m.

NOTE: Teams may play on other nights not designated as above due to gym availability, play-offs, makeup games, and/or size of a particular league. Remember, Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT on TEAM PLACEMENT and does not guarantee placement of any team.

League fees cover: The specified number of games, officials (2), scorekeeper, basketballs, sponsor trophy, gym maintenance and lighting.

Thank you for choosing Pleasant Hill Recreation.

Have a great season!

# PLEASANT HILL RECREATION & PARK DISTRICT

## 2010 5-on-5 BASKETBALL LEAGUE

### ROSTER, AGREEMENT, WAIVER & RELEASE FORM

**MEN'S: A** \_\_\_\_, **B** \_\_\_\_, **C** \_\_\_\_

**Fall** \_\_\_\_, **Winter** \_\_\_\_  
**Spring** \_\_\_\_, **Summer** \_\_\_\_

Team Name: \_\_\_\_\_ Team Rep: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ e-mail: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Asst. Team Rep: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Other leagues played in—City and level: \_\_\_\_\_

**Returning Teams**—Previous Team Name & Season: \_\_\_\_\_

Please check here if you want your name and phone number given out to prospective players: [  ]

**NOTE:** Any player information left blank, invalidates that person as a legitimate player on this roster. Please be sure an assistant representative has been specified, including their home and work phone number.

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL.**

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Driver's License:	Birth Date:     /     /	

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# PLEASANT HILL RECREATION & PARK DISTRICT

## 2010 5-on-5 BASKETBALL LEAGUE

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Team Rep: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

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