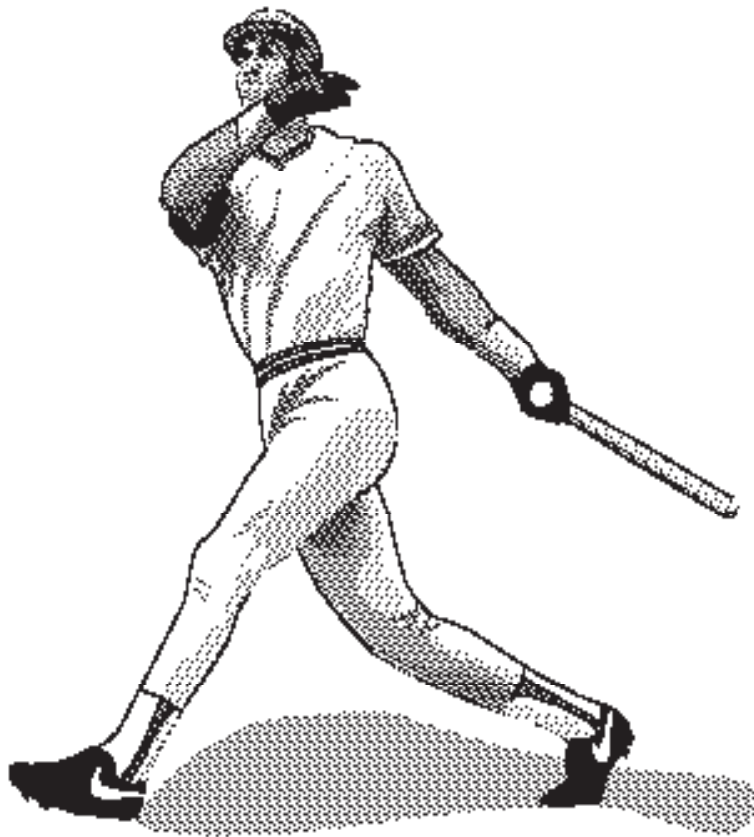


ADULT
SOFTBALL
Fall 2010



**Pleasant Hill
Recreation & Park District**
People, Parks & Programs Since 1951
147 Gregory Lane, Pleasant Hill, CA 94523
www.pleasanthillrec.com 682-0896

Drop-In Sports

Pleasant Hill Recreation & Park District Presents:

Adults Only!

Drop-In Basketball

Saturday 7-9 am
Fall and Winter only Sunday 8-10 am
Monday, Wednesday & Friday 4-6 pm
Cost: \$5 per person

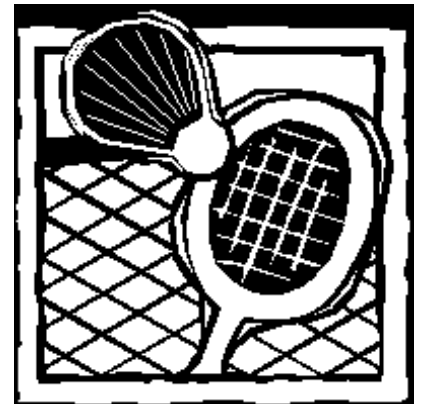


Drop-In Volleyball

Tuesday & Saturday 7:30-10 pm (Saturdays in Fall and Winter only)
Cost: \$5 per person

Drop-In Badminton

Sunday 11:00 am-1:00 pm
Cost: \$5 per person



B.Y.O.R.
Bring your own Racket
and Birds

Program for Adults, 18 years and older. All Drop-In programs are held at the Pleasant Hill Education Center Gym, located at 1 Santa Barbara Road, Pleasant Hill

For more information call
(925) 682-0896



To: Team Representatives
Re: Pleasant Hill Adult Softball 2010 Fall Season

The Pleasant Hill Recreation & Park District is announcing its 2010 Fall Adult Softball League. Please contact us if you are interested in starting your own business league. **Please remember teams are now "required" to move up or down depending on their past performance. This especially is addressed to all our top Men's "D" teams, who'll have to move to the Wednesday Night "C" League. Please help us by registering your team with the correct classification. Pages 2-3 have important information regarding bats. Please read carefully before buying any bats.**

The Fall Season will consist of a seven (7) game schedule. There are no playoffs following the fall season. All games will be officiated by two umpires.

PHILOSOPHY:

One of the goals of the Pleasant Hill Recreation & Park District is to provide recreational opportunities for people of all ages. The Adult Softball League provides the community with an opportunity to participate in an organized sport activity. The leagues are organized for competitive play but the overall goal is enjoyable participation for all. The District is not offering professional leagues. The main emphasis of the league is the recreational elements including the fun, enjoyment, good sportsmanship, and friendships that are developed.

| | | |
|-------------------|----------------------|-------------------------|
| <u>LEAGUE FEE</u> | <u>REGISTRATION</u> | <u>LAST DAY REG.</u> |
| \$515+ NR* | <u>BEGINS</u> | <u>PACKETS ACCEPTED</u> |
| | July 19, 2010 | Sept 10, 2010 |

* NR= Non-resident. Each player not living in the PH District must pay an additional fee of \$14. A maximum of 7 non-residents will be charged.

The season will begin on October 4 and will run through November.

A percentage of your league and non-resident fees will be designated for improvements to comply with the American Disability Act, and to pay for the increased electrical rates for the field lights & more.

REGISTRATION:

By mail or in person at:

(DO NOT MAIL CASH!)

Attn: Adult Softball League
Pleasant Hill Recreation & Park District
147 Gregory Lane
Pleasant Hill, CA 94523

There are no refunds once a team is placed in a league. If league(s) are cancelled money will be refunded.

Returning teams are those which participated in our 2010 Summer, 2010 Spring and 2009 Fall Adult Softball Seasons with a minimum of 51% of the former team's roster. It is important you specify your first, second and third choices for league preference. Any incomplete item can result in the entire packet being returned to the Team Representative – thereby losing priority for team entry into the league. Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT ON TEAM PLACEMENT.

ROSTERS:

Be sure all information is completed on the roster. **If information is left out or your check bounces, the packet may be declared incomplete.**

Roster additions and deletions must be made before 5:00 pm, Monday through Friday, prior to your game at the Administrative Office or by mail with the League's "Add/Drop Form" (umpires and scorekeepers will not handle any additions or deletions). We DO NOT accept FAXED Roster Additions forms. An added player may not use a dropped player's non-resident fee after **October 4**. Roster additions must be made prior to the ninth game. No one may be added after the ninth game has been played. **Teams must carry a minimum of ten (10) players on a roster to register and maximum of twenty (20) players.**

RULES:

Rules, regulations, schedules and information will be discussed and handed out at the team representatives meeting to be held **Tuesday, September 21, 6:30 pm, at Pleasant Hill Recreation & Park District's Administration Office, 147 Gregory Lane.** **Only new teams or returning teams, who did not participate in our 2010 Spring or Summer leagues, or teams who had a player ejected from a game during the Spring or Summer 2010 league, are required to attend the meeting. (SEE ATTACHED FLYER!)**

BATS:

MULTIPLE WALLED BATS ARE OUTLAWED IN ALL MEN'S, WOMEN'S AND CO-ED "D", "C/D" & "E" LEAGUES. That includes all double, triple, quadruple or additional walled bats.

ALL bats that have an interior or exterior wall/shell/casing/etc, or any description that can be considered as more than one wall are outlawed in our lower leagues. Players wishing to use those bats are HIGHLY encouraged to move up to one of our higher leagues. **THERE ARE OTHER OUTLAWED BATS FOR ALL LEAGUES, ALONG WITH AN APPROVED BAT LIST FOR OUR "D" & "E" LEAGUES, THAT WILL BE EXPLAINED AT TEAM REPRESENTATIVES MEETING.** Buy your bats after the meeting, otherwise you may not be able to use your bat in our leagues.

LEAGUE INFORMATION:

The leagues are TENTATIVELY scheduled to play on the following nights:

| League | Night/Day | League | Night/Day | League | Night/Day |
|-------------------|------------------|-------------------|------------------|-------------------|------------------|
| Men's "C-1" | Monday | Men's "D-3" | Sunday | Co-ed "C-1" | Saturday |
| Men's "D-2" | Wednesday | Men's "E" | Monday | Co-ed "D-1" | Tuesday |
| Men's "D-1" | Monday | Women's | Friday | Co-ed "D-2" | Saturday |
| Men's "D-2" | Thursday | | | Co-ed "D-3" | Wednesday |

NOTE: Teams may play on other nights not designated as above due to field availability, play-offs, makeup games, and/or size of a particular league. Remember, Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT on TEAM PLACEMENT and does not guarantee placement of any team.

League fees cover: The specified number of games, umpires (2), scorekeeper (1), softballs, sponsor trophy, field maintenance and lighting.

Adult Softball TEAM REPRESENTATIVE MEETING

Tuesday • September 21 • 2010

6:30 pm

PHRPD Administration Office

147 Gregory Lane

Schedules & League Information
will be handed out at this meeting.

Those teams who do not attend will be charged
\$20 to attend a special meeting at the office.



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People, Parks & Programs Since 1951
147 Gregory Lane, Pleasant Hill, CA 94523
www.pleasanthillrec.com **682-0896**

PLEASANT HILL RECREATION & PARK DISTRICT

2010 FALL SOFTBALL LEAGUE

ROSTER, AGREEMENT, WAIVER & RELEASE FORM

MEN'S: C1 ____, D1 ____, D2 ____, D3 ____, D4 ____, E ____ WOMEN'S: D ____
 CO-ED: C1 ____, D1 ____, D2 ____, D3 ____

Team Name: _____ Team Rep: _____
 Home Phone: _____ Work: _____ e-mail: _____
 Address: _____ City: _____ Zip: _____
 Asst. Team Rep: _____ Home Phone: _____ Work: _____
 Address: _____ City: _____ Zip: _____
 Other leagues played in – City & level: _____

Returning Teams—Previous Team Name & Season: _____

Please check here if you want your name & phone number given out to prospective players: []

NOTE: Any player information left blank, invalidates that person as a legitimate player on this roster.
 Please be sure an assistant representative has been specified, including their home and work phone number.

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL.

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| Last Name, First (Print): | | Signature: | |
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| Phone: | Driver's License: | Birth Date: / | |

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PLEASANT HILL RECREATION & PARK DISTRICT
2010 FALL SOFTBALL LEAGUE
ROSTER, AGREEMENT, WAIVER & RELEASE FORM

Team Name: _____

Team Rep: _____ Home Phone: _____ Work: _____

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

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2010 FALL SOFTBALL LEAGUE
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PLEASANT HILL RECREATION & PARK DISTRICT
2010 FALL SOFTBALL LEAGUE
ROSTER, AGREEMENT, WAIVER & RELEASE FORM

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Team Rep: _____ Home Phone: _____ Work: _____

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