

35th Annual Turkey Trot



**Sunday
November 21
2010**

**8.4 miles
Rain or Shine
Cost: \$20
(\$25 on Race Day)**

The 35th annual 8.4 mile Turkey Trot Run at Briones Regional Park will start at 9:00 AM. Race Day registration begins at 7:30 AM. Enter through the main gate off Bear Creek Road. This course is NOT for beginning joggers; the course is hilly and entirely on trails.

Divisions Include
13 & Under; High School(14-18)*
(19-29); 30-39
40-49; 50-older

Winners will receive turkeys. The top three finishers in each division will receive medals, and all who complete the course will receive certificates.

Cost is \$20 pre-registration postmarked by November 17, 2010 and \$25 on Race Day. A parking fee is charged by East Bay Regional Park District in addition to the race fee. For more information call (925) 682-0896, go to www.pleasanthillrecsports.com or E-mail lhurtado@pleasanthillrec.com.

*18 years and under MUST have a waiver/release form on file. Download at www.pleasanthillrecsports.com.

If you'd like to register online, go to: www.pleasanthillrec.com. The Class number is 5730.901
To register by phone, call (925) 682-0896.



Pleasant Hill
Recreation & Park District
People, Parks & Programs Since 1951

District Office
147 Gregory Lane, Pleasant Hill, CA 94523
(925) 682-0896



Detach & Mail Today!

Enclosed is my check for \$_____. Make checks payable to PLEASANT HILL RECREATION & PARK DISTRICT. Mail entry before November 17, 2010 to: TURKEY TROT, c/o Pleasant Hill Recreation & Park District, 147 Gregory Lane, Pleasant Hill, CA 94523. For questions call (925) 682-0896.

Birthdate ____/____/____ Age on Race Day _____ Shirt Size (circle one): S M L XL

Name (Last) _____ (First) _____ (Middle Initial) _____

Address _____

City, State, Zip _____

Day Phone _____ Evening Phone _____
WAIVER: ALL participants, including parents & guardians of minors, must sign waiver on race day. If waiver is not signed, runner will not be allowed to compete. *If parent or guardian will not be at race, call (925) 682-0896, and we will mail you a waiver ahead of time. You may download a waiver from our website, www.pleasanthillrecsports.com.

Signature _____

Signature of Parent/Guardian if under 18 years old _____

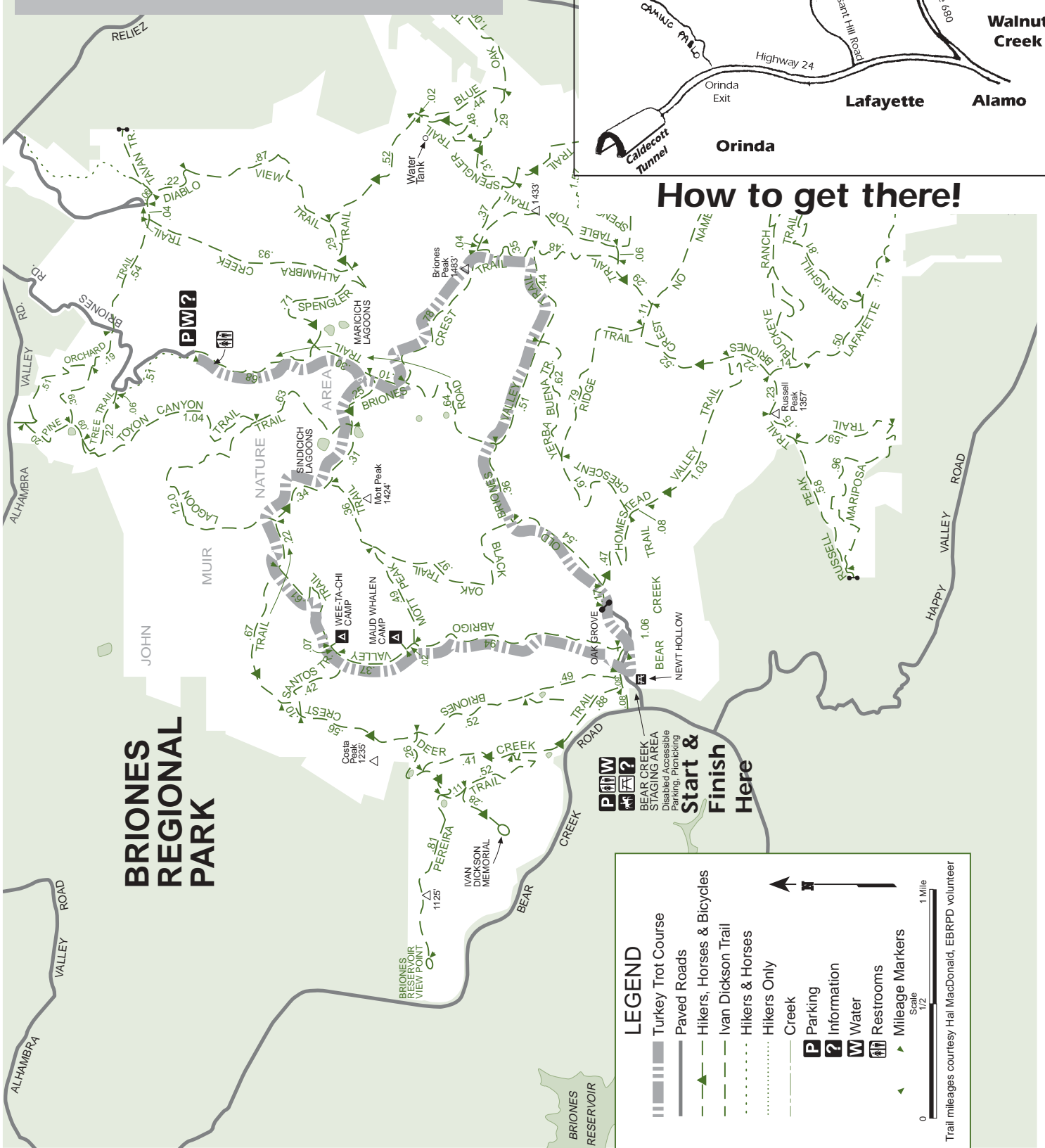
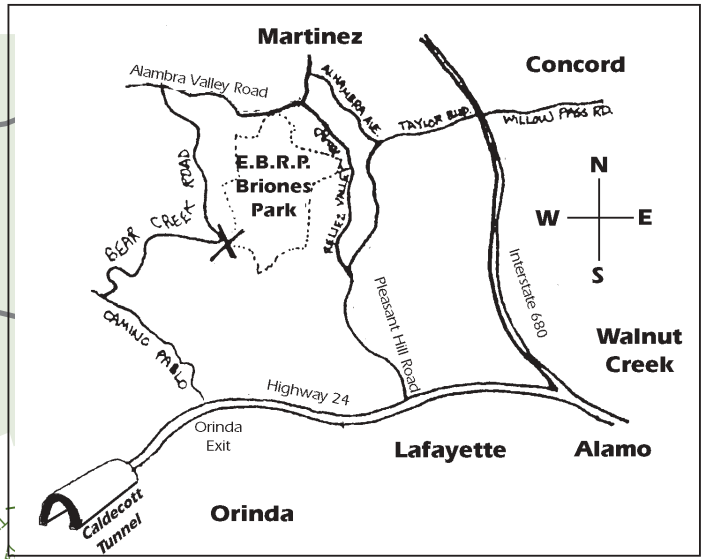
Date _____

Divisions			
Check only one Age on Race Day			
Men	AGE	Women	J
A	r 13 & under	r	J
B	r 14-18	r	K
C	r Open (19-29)	r	L
D	r 30-39	r	M
E	r 40-49	r	N
F	r 50-Over	r	O

Official Use	
Check	Cash
Race # _____	

(OVER for MAP)

Turkey Trot Run Course Map



LEGEND

- Turkey Trot Course
- Paved Roads
- Hikers, Horses & Bicycles
- Ivan Dickson Trail
- Hikers & Horses
- Hikers Only
- Creek
- Parking
- Information
- Water
- Restrooms
- Mileage Markers

Scale: 1/2, 1 Mile

Trail mileages courtesy Hal MacDonald, EBRPD volunteer



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BULK RATE
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